

Indicator Definition:

4i. % of research staff participative in the Healthy Pauses.

Party in Charge:

Rector's Delegation and Office of Healthy Campus and Sports.

Start Date:

July 2025

Associated to Action:

33 ACT.- Implementation of a UMH Healthy Campus Plan to optimize work performance and healthy habits among university staff.

Way of Obtaining the Data:

Percentage of research staff participative in the Healthy Pauses.

Unit of Measure:

Percentage

Data Collection Frequency:

Annually

MONITORING DATE	No. EXPECTED	No. OBTAINED	COMMENTS, PROPOSALS FOR IMPROVEMENT
December 2025			
December 2026			
December 2027			